**COMPLETE History and Physical**

**Date**: \_\_\_**/** \_\_\_**/** \_\_\_ @ \_\_\_\_\_\_ am/ pm **ED VS:** **BP**:\_\_\_\_/\_\_\_\_, **HR**:\_\_\_\_, **Temp**:\_\_\_\_\_, **O2**:\_\_\_\_\_\_, **R**:\_\_\_\_\_\_

**Identification: Name**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_y/o M/ F

**Chief Complaint (CC)**:

**History of Present Illness (HPI)**:   
(+) LOC, ask duration, last remembered, 1st thing remembered when regained consciousness, & what pt was doing at the time?

**ED Course:**

**Past Medical History (PMH)**:

**Previous Hospitalizations**:

**Preventive Health Maintenance** (appropriate to age): Last PPD/CXR\_\_\_\_\_\_\_\_\_, ECG, PAP test, mammogram, dental check-up, vision/hearing test, Immunizations (Flu:\_\_\_\_\_\_\_\_\_, Tetatnus:\_\_\_\_\_\_\_\_\_, Pneumo:\_\_\_\_\_\_\_\_\_)

**Medications (w/ Dosage)**: **Allergies**:

**Past Surgical History (PSH)** ( Trauma,  Transfusion):

**Family Medical History (FH)**:

* Mother: Father:
* Brothers: Sisters:
* Spouse: Children:

**Social History (SH)**: **Birth Place**: **Occupation/Education**:

* **Current Social Situation**:
* **Habits**: **Smoking**:\_\_\_\_\_ppd x \_\_\_\_\_years **EtOH**:\_\_\_\_\_\_\_\_\_\_\_\_\_ Illicit drugs:\_\_\_\_\_\_\_\_\_\_\_\_ Weight:\_\_\_\_\_\_
* **Sexual History**:

**REVIEW OF SYSTEMS**:

**GENERAL**: (–) general good health, (–) weight gain/loss, (–) fatigue, (–) obese, (–) night sweats, (–) fevers, (–) weakness

**SKIN**: (–) rashes, (–) hair/nail changes, (–) pruritus, (–) scar, (–) bruises, (–) bleeding, (–) texture/pigment changes

**HEAD**: (–) trauma, (–) dizziness, (–) syncope, (–) headaches,

**EYES**: (–) Vision changes, (–) glasses/contacts, (–) photophobia, (–) pain, (–) conjunctivitis, (–) diplopia

**EARS**: (–) hearing, (–) tinnitus, (–) pain, (–) vertigo, (–) discharge,

**NOSE**: (–) sinus problems, (–) epistaxis, (–) obstruction, (–) changes, (–) sinusitis

**OROPHARYNX**: (–) bleeding gums, (–) lesions, (–) abnormal changes in taste

**THROAT**: (–) swelling, (–) hoarseness, (–) sore throat

**NECK**: (–) pain, (–) limitation of motion, (–) swelling, (–) masses, (–) goiter, (–) thyromegaly,

**BREAST**: (–) pain, (–) masses, (–) nipple discharge

**RESPIRATORY**: (–) SOB [exertional, nocturnal, intermittent, constant], (–) pleuritic pain, (–) cough, (–) productive cough, (–) sputum, (–) chest pains, (–) pneumonia, (–) hemoptysis,

**CARDIOVASCULAR**: (–) chest pain, (–) palpitations, (–) orthopnea, (–) dyspnea on exertion, (–) murmurs,   
(–) peripheral edema, (–) paroxysmal nocturnal dyspnea, (–) edema, (–) varicose veins, (–) intermittent claudication

**GASTROINTESTINAL**: (–) appetite changes, (–) dysphagia, (–) abdominal pain, (–) ulcers, (–) heartburn, (–) nausea,   
(–) vomiting, (–) diarrhea, (–) constipation, (–) hemorrhoids, (–) blood in stools, (–) jaundice, (–) hernias, (–) ascites

**GENITOURINARY TRACT**: (–) dysuria, (–) polyuria, (–) nocturia, (–) urinary frequency, (–) incontinence, (–) hematuria,   
(–) urinary tract infection in the past, (–) kidney problems

**REPRODUCTIVE:**

* **Males**: (–) urethral discharge, (–) pain or masses in penis, (–) pain or masses in scrotum or testicles, (–) hernias
* **Females**: (–) vaginal discharge, (–) pruritis, (–) lesions, (–) pain, (–) dyspareunia.
  + **Menstrual history**: Last Menstrual Period (LMP): \_\_\_\_\_\_\_\_\_\_\_\_ or \_\_\_\_/\_\_\_\_\_/\_\_\_
    - Age at menarche/menopause: \_\_\_\_\_\_\_\_\_
    - (–) dysmenorrhea, (–) oligomenorrhea, (–) menorrhagia, (–) postmenopausal bleeding.
  + **Obstetric history**: **G**\_\_\_\_\_**P**\_\_\_\_\_\_**A**\_\_\_\_\_
    - Type of contraception used: \_\_\_\_\_\_\_\_\_
    - (–) pregnancies: x \_\_\_\_\_, (–) abortions: x \_\_\_\_, (–) living children: x\_\_\_\_\_
    - (–) complications of pregnancy:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ENDOCRINE**: (–) weight loss, (–) hot/cold intolerance, (–) polydypsia, (–) polyuria, (–) polyphagia, (–) goiter,   
(–) excessive sweating, (–) body hair changes

**HEMATOPOIETIC**: (–) bleeding tendency, (–) easy bruisability, (–) anemia, (–) blood clots

**MUSCULO–SKELETAL**: (–) pain, (–) cramps, (–) stiffness, (–) fractures, dislocations, (–) arthritis, (–) limitations in movement

**NEUROLOGIC**: (–) dizziness, (–) visual disturbances, (–) paraesthesia, (–) tremors, (–) seizures, (–) paralysis, (–) gait disturbance, (–) vertigo, (–) memory defects, (–) aphasia, (–) dysarthria, (–) incoordination, (–) syncope.

**Emotional/Psychiatric:** (–) depression, (–) anxiety, (–) obsessive-compulsive symptoms, (–) violent impulses, (–) psychosis

**PHYSICAL EXAMINATION**

**GENERAL**: \_\_\_\_ y/o AA/Caucasian/Asian female/male well developed, well nourished, NAD (No Acute Distress), Alert & Oriented x 3 (Person, Place, & Time), appropriately responsive **Pain Scale**: \_\_\_/10

* general description of the patient and includes sex; apparent age, state of health; nutrition and development; stature; gross deformities; gait and carriage; posture; mucous membrane; clubbing of fingers; dyspnea; orthopnea; edema; facies; mental condition.

**Height**: \_\_\_' \_\_\_\_'' **Weight**: \_\_\_ lbs (any changes?)\_\_\_\_\_\_\_

**V/S (ED):** **BP**: \_\_\_\_\_ **/** \_\_\_\_\_ **Tc**: \_\_\_\_\_ **T Max**: \_\_\_\_\_ **Pulse**: \_\_\_\_\_ **Respiration**: \_\_\_\_\_

**SKIN**: (–) intact, (–) warm, (–) dry, (–) sweaty, (–) normal color, (–) lacerations or abrasions, (–) contusions, (–) swelling, (–) rashes, (–) tattoos, texture, color, moisture, (–) eruptions, (–) pigmentation, (–) cyanosis, (–) jaundice, (–) petechiae,

(–) spider angiomata, (–) normal distribution of hair, (–) alopecia

**HEAD/NECK**: normocephalic, (–) atraumatic, (–) lacerations, (–) contusions, (–) scalp tenderness, neck supple, trachea midline, (–) thyromegaly/goiter, (–) (L/R) mandibular swelling, (–) jugular venous distention, (–) LAD, (–) carotid bruit

**EYES**: PERRL, EOMI, (–) sclera clear, (–) gross vision intact, (–) tearing, (–) discharge, Conjunctiva pink/red/bloody,   
(–) glasses, (–) Periorbital ecchymosis, (–) Diplopia, (–) blurriness

* **Fundoscopic**: (–) discs, (–) blood vessels, (–) hemorrhages, (–) exudates, (–) pigmentation, (–) lenticular opacities, (–) dislocation

**EARS**: (–) laceration(s), (–) discharge, (–) hearing grossly intact, (–) hemotympanum, (–) Battle’s Sign/mastoid ecchymosis (Base of Skull/Middle Cranial Fx),

* **Hearing**: (–) air conduction, (–) bone conduction, (–) tympanic membranes intact

**NOSE**: (–) nares patent, (–) symmetric, (–) discharge, (–) septal deviation, (–) obstruction, (–) epistaxis, (–) crusted blood, (–) congestion, (–) septal hematoma, (–) sinus tenderness

**MOUTH & THROAT**:

**– EOE**: (–) swelling, (–) pain,(–) step defect mandibular body, (–) V3 parasthesia, (–) Trismus (\_\_\_mm),

**– IOE**: (–) deviated uvula, (–) missing teeth, (–) malocclusion, (–) swelling, (–) laceration (–) FOM bleeding, (–) tongue papillary atrophy, (–) tongue deviation, (–) color, (–) dry mucosa

**NECK:** (–) thyromegaly, (–) JVD, (–) carotid pulsation, (–) abnormal pulsation, (–) tracheal tug, (–) trachea midline, (–) stiffness, (–) range of motion, (–) (L/R) carotid bruit

**LYMPH NODES**: (–) LAD, (–) tenderness of cervical, mandibular, supraclavicular, axillary, epitrochlear, inguinal glands

**SPINE**: (–) vertebral tenderness, (–) curvatures, (–) mobility, (–) sclerosis, (–) kyphosis, (–) ROM intact,

**CHEST**: (–) conformation, (–) symmetry, (–) mobility, (–) abnormal pulsation, (–) retro manubrial dullness, (–) dilated veins

**BREAST**: appear normal and symmetrical, (–) tenderness, (–) masses, (–) discharge

**LUNGS**: CTA B/L, (–) equal breath sounds, (–) wheezing, (–) rales, (–) rhonchi, (–) crackles

* **Inspection**: (–) cough, (–) easy respiration, (–) symmetry of respiratory movements, (–) adequacy of respiratory movements
* **Palpation:** (–) fremitus, (–) CVA tenderness, (–) chest wall tenderness
* **Percussion:** (–) resonance, (–) lung borders & their mobility
* **Auscultation:** CTA B/L, (–) wheezing, (–) breath sounds, (–) stridor, (–) rales, (–) rhonchi, (–) friction rubs, (–) egophony

**HEART**: (–) Normal S1 S2, (–) RRR, (–) murmurs, (–) rubs, (–) gallops, (–) S3, (–) S4, (–) bradycardia, (–) tachycardia

* **Inspection:** apex impulse, movements and configuration of the precordium.
* **Palpation:** apex impulse, (–) precordial heave, (–) thrill, (–) shocks, (–) abnormal pulsations.
* **Auscultation:** heart sounds, (–) gallop, (–) splitting, (–) murmurs, (–) friction rub, (–) rhythm

**ABDOMEN**: Soft, (–) NT, (–) ND, (–) BS x 4 quads, (–) pain, (–) hernias (direct inguinal / umbilical)

**RECTAL**:  Declined  Deferred (reason): Not indicated

* (–) Hemorrhoids, (–) fissures, (–) fistulae, (–) sphincter tone, (–) tenderness, (–) masses, (–) prostate, (–) blood on examining finger

**EXTREMITIES**: (–) FROM x 4 extremities w/ no limitations, (–) peripheral pulse palpable, (–) equal/bounding peripheral pulses, (–) cyanosis, (–) LLE/ RLE pedal edema, (–) clubbing, (–) LUE / RUE edema

* **Pulses**
  + **Equality**: Vessel wall.
  + **Quality:** (“bounding”, “feeble”, Corrigan, alternans, etc.).
  + **Amplitude:** carotid, radial, femoral, popliteal, dorsalis pedis, posterior tibial pulses.

**NEUROLOGICAL**: (–) CN II–XII appear grossly intact, AO x3, appropriately responsive, follows commands

* **Mental status**: general appearance and behavior; speech; mood and affect; thought/content; cognition & sensorium.
* **Motor**: strength of arms and legs, muscle mass, symmetry.
* **Sensory**: pain, touch, proprioception.
* **Coordination**: (–) dysdiadochokinesia, (–) finger-to-nose, (–) gait, (–) performance in dressing.
* **Cranial** **nerves**
* **Reflexes**:
  + **Normal:** (–) patellar, (–) biceps, (–) ankle, (–) abdominals.
  + **Abnormal:** (–) Babinski, (–) Hoffman, (–) clonus

**GENITALIA**:  Declined  Deferred (reason): Not indicated

* **Male**: (–) urethral discharge, (–) lesions on penis, (–) hydrocele, (–) varicocele, (–) testicular masses, (–) hernias
* **Female**:
  + **Pelvic examination**: (–) vulvar lesions, vaginal discharge
  + **Cervix:** (–) inflammation, (–) friability, (–) discharge
  + **Uterus:** position, size, (–) tenderness
  + **Adnexae:** (–) masses, (–) tenderness

**PRIMARY DIAGNOSIS**:

**SECONDAY DIAGNOSIS**:

**LABS**: 

* **UA:**
* **Cultures:**
  + **Blood:**
  + **Urine:**
  + **Other:**

**EKG**:

**RADIOGRAPHS**:

* **CT Head** (\_\_\_/ \_\_\_/\_\_\_):
* **CT Chest/ Abd** (\_\_\_/ \_\_\_/\_\_\_):
* **CT Chest/ Abd** (\_\_\_/ \_\_\_/\_\_\_):
* **CXR**: (\_\_\_/ \_\_\_/\_\_\_):
* **Abd X-ray**: (\_\_\_/ \_\_\_/\_\_\_):
* \_\_\_\_\_\_\_\_\_\_

**OTHER:**

**ASSESSMENT**: \_\_\_\_\_ y/o AA/Caucasian/Asian female/male with PMH of …, a/w or p/w or s/p

**PLAN of CARE**:

1)

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5)

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6)

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